**EN AVANT E.C. SUMMER DANCE CLASSES 2024**

All summer classes will meet for five weeks starting Monday, July 8th. I will need to cancel any classes with less than 7 people, so times are subject to change slightly. Please return forms to me by June 24th so I can make the necessary adjustments. I will call or text to confirm the schedule by July 3rd.

**All prices are for the full 5-week session.** **Please circle the classes you wish to take!**

**Ages 18 months to 3 years**

**\*\*\*Mommy and Me: Circle time preference Tuesdays 5-5:30 p.m. $40.**

**(Please indicate 1st and 2nd choice of times) Fridays 10-10:30 a.m.**

**Sunday 3-3:30 p.m.**

For the very youngest dancers and their caregivers. Exploring

the joy of movement incorporating the use of song and props. Super fun for everyone!

**Ages 3-4**

**\*\*\*Pre-Ballet/Creative Movement:**  **Circle time preference** **Mondays 6-6:30 p.m.** **$40**

**(Please indicate 1st and 2nd choice of times)** **Tuesdays 5:30-6 p.m.**  **Fridays 10:30-11 a.m.**

**Sundays 3:30-4 p.m.**

A perfect class for the young student. Learn ballet basics, dance with fun props, and discover the joy of movement!

**Ages 4-6**

**\*\*\*Intro to Ballet and Tap: Circle time preference** **Mondays 5-5:45 p.m.** **$45.**

**Thursdays 5:15-6**

Learn fundamentals of ballet and tap. A great class for little ones to try dancing!

Great exercise! Build confidence, coordination, and rhythm skills.

**Ages 7 and up**

**\*\*\*Beginning Ballet/Tap/Jazz combo: Thursdays 6-7:15 p.m. $55.**

Learn all the basics of three different dance styles. A perfect “catch–up” class for the older beginner.

**\*\*\*****Ballet technique: (Pink/Orange team level) Tuesdays 5-6 p.m. $50.**

Basic ballet technique with stretching and conditioning.

Required for Pink/Orange Competition Team dancers, but open to anyone who might be interested

in trying out for the competition team program… Leotard Required!

**\*\*\*Beginning Modern/Improv: (Pink/Orange team level) Tuesdays 6-6:30 $40.**

Learn the basic principles of Modern Dance and improvisation.

**\*\*\*Jazz technique: (Pink/Orange team level) Thursdays 5-6 p.m. $50.**

Basic Jazz technique and skills class including stretching and conditioning.

Required for Pink/Orange Competition Team dancers, but open to anyone who might be interested

in trying out for the competition team program!

**\*\*\* Beginning Hip Hop: (Pink/Orange team level) Thursdays 6-6:30 p.m. $40.**

Try this fun style. Great exercise using age-appropriate music and movements.

**Ages 10 and up**

**\*\*\* Ballet Technique:** **(Purple team level) Mondays 5-6 p.m. $50.**

Focus on improving technique and placement to improve ALL dance styles. Leotard Required!

**\*\*\* Beginning Modern/Improv: (Purple team level) Mondays 6-6:30 p.m. $40.**

Explore the weird, wonderful world of modern dance and improv.

**\*\*\* Jazz skills with conditioning: (Purple team level) Wednesdays 5-6 p.m. $50.**

The perfect class for improving turns, leaps, strength, and flexibility.

**\*\*\* Adv. Beginner Hip Hop: (Purple team level) Wednesdays 6-6:30 p.m. $40.**

Try this fun style. Great exercise using age-appropriate music and movements.

**Age 12 and Up**

**\*\*\*Deep Stretch: (All levels) Mondays 6:30-7 p.m. $20.**

Work on improving total body flexibility. Bring yoga blocks!

**\*\*\* Beginning Modern/Improv: (Yellow team level) Mondays 7-7:45 p.m. $50.**

Explore the weird, wonderful world of modern dance and improv.

**\*\*\* Intermediate Ballet: (Yellow/White team level) Mondays 7:45-9 p.m. $55.**

Focus on improving technique and placement to improve ALL dance styles. Leotard required!

**\*\*\* Intermediate Pointe: Mondays 9-9:30 p.m. $40.**

**Minimum of 1 year pointe experience required. Leotards and pointe shoes required.**

The focus of this class will be to practice proper Pointe technique at the barre, in the center,

and across the floor.

**\*\*\*Introduction to Pointe: Wednesdays 5-5:45 p.m. $45.**

**3+ years of ballet experience required. Leotard and Pointe shoes required**.

Take your love of classical ballet to the next level with pointe shoes! Learn proper pointe technique and do exercises to build the strength required for this difficult art form. Most of this class will be spent at the barre.

**\*\*\* Jazz skills with conditioning: (Yellow/White team level) Wednesdays 6:30-7:30 p.m. $50.**

The perfect class for improving turns, leaps, strength, and flexibility.

**\*\*\* Intermediate Hip Hop: (Yellow/White team level) Wednesdays 7:30-8 p.m. $40.**

Learn faster choreography with dance tricks. Clean sneakers required!

**Age 14 and up**

**\*\*\*Adv. Conditioning and Stretch for Ballet: (Red/Black team) Tuesdays 7-7:30 p.m. $25.**

Work the muscles specifically for high extensions, better turnout, and a strong core.

**\*\*\*High-Intermediate Ballet Technique: Tuesdays 7:30-9 p.m. $60.**

For the serious dancer**.** Improve your placement, balance, strength, and technique.

Leotard and bun required!

**\*\*\*Advanced Ballet Technique: Tuesdays 7:30-9 p.m. $60.**

For the serious dancer**.** Improve your placement, balance, strength, and technique.

Leotard and bun required!

**\*\*\*Intermediate/Advanced Pointe: (Red/Black combined) Tuesdays 9-9:30 p.m. $40.**

**Minimum of 3 years pointe experience required.**

The focus of this class will be to practice harder ballet steps and turns en pointe

in the center and across the floor.

**\*\*\* Total Body Conditioning: Wednesdays 5:45-6:15 p.m. $25.**

Increase total body strength for better alignment and performance.

**\*\*\* High-Intermediate Modern: (Red team Level) Wednesdays 6:15-7 p.m. $45.**

Center work, travelling progressions and choreography. Work on modern dance

principles of release, contractions, improvisation and more.

**\*\*\* Jazz Skills and technique: (Red team Level) Wednesdays 7-8 p.m. $50.**

Practice all Jazz skills.High level skills required. Learn hard turn combos and new leaps.

**\*\*\* Int/Adv Contemporary Dance: (Red/Black team level) Wednesday 8-9 pm $50.**

Enjoy the unique and quirky style of contemporary dance.

**\*\*\* Advanced Total Body Conditioning: Thursdays 6:30-7 p.m. $25.**

Increase total body strength for better alignment and performance.

**\*\*\*Advanced Jazz Skills: (Black team Level) Thursdays 7-8 p.m. $50.**

Practice all Jazz skills.High level skills required. Practice hard turn combos and leaps.

**\*\*\*Advanced Modern and Improv: (Black team Level) Thursdays 8-9 p.m. $50.**

Center work, travelling progressions and choreography. Work on modern dance

principles of release, contractions, improvisation and more.

**\*\*\* Deep Stretch: Thursdays 9-9:30 p.m. $20.**

Work on improving total body flexibility for better extensions, leaps, and lines. Bring yoga blocks!

**Adult Classes**

**\*\*\*Beginning/Low intermediate Ballet: Tuesdays 6:15-7:30 $55.**

Learn the joy of ballet! Enjoy artistic expression and a great workout!

**\*\*\*Beginning /Low intermediate Tap: Thursdays 7:15-7:45 $40.**

Thinking about trying tap dancing? This is the perfect catch-up class for beginners, or extra practice for those with some experience. Get a great workout while developing better rhythm and coordination!

DANCER’S NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ AGE:\_\_\_\_\_\_\_\_\_\_\_\_

EMAIL ADDRESS:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

CELL PH # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ YEARS OF EXPERIENCE: \_\_\_\_\_\_\_ FEE ENCLOSED: \_\_\_\_\_\_\_\_\_\_

For text confirmation

NEW STUDENTS ONLY:

PARENT/GUARDIAN NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

STREET ADDRESS:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

DANCER’S DATE OF BIRTH:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**All classes will be held at En Avant.** \*Please make checks payable to **En Avant**, and mail forms to:

3330 N. Town Hall Rd. Eau Claire, WI 54703. Thanks! **QUESTIONS?** Call or text Heather at 715-523-9070

**RELEASE AND WAIVER OF LIABILITY AGREEMENT**

**I give my child permission to participate in dance class/es with En Avant School of Dance. I am aware that these activities could result in injuries to my child. By signing below, I will not hold En Avant or any En Avant Staff responsible or liable for any injuries incurred to my child while participating in classes at En Avant. I agree to accept any and all risks of bodily injury, death, property damage, whether those risks are known or unknown. Also, I give En Avant permission to use my child’s image in any pictures from class for social media or advertising purposes.**

**I have carefully read this agreement and fully understand its contents. I am aware that this is a release of liability and contract between myself, my child and En Avant School of Dance and its employees, and sign it of my own free will.**

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**Print Student’s Name Date**

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**Print Parent’s Name Parent’s Signature**