

## EN AVANT SUMMER DANCE CLASSES

All summer classes will meet once a week for five weeks starting Monday July 12<sup>th</sup>. I will need to cancel any classes with less than 7 people, so times are subject to change slightly. Please return forms to me by July 1<sup>st</sup> so I can make the necessary adjustments. I will call to confirm the schedule by July 5<sup>th</sup>.

- \*\*\*Pre-Ballet/Creative Movement: Mondays 5 -5:30 p.m.** **\$20.**  
Ages 3-4. A perfect class for the young student. Learn Ballet basics and discover the joy of movement!
- \*\*\*Introduction to Pointe: Mondays from 5:45-6:45 p.m.** **\$40.**  
Age 12 and up. 2+ years ballet experience required.
- \*\*\*Intermediate Jazz: Mondays from 6:45-7:45 p.m.** **\$40.**  
Focus on strengthening, stretching, and dance team skills.
- \*\*\*Intermediate Pointe: Mondays from 8-9:30 p.m.** **\$45.**  
Age 14 and up. Two+ years of pointe experience recommended. Work on strength and endurance and master difficult combinations. A great chance to improve your technique!
- \*\*\*Intro to Ballet and Tap: Thursdays from 5-5:45 p.m.** **\$35.**  
Age 7-10 Learn all the basics of ballet and tap dancing. A perfect catch up class for older beginners!
- \*\*\*Beginning Jazz: Thursdays from 5:45-6:15 p.m.** **\$20.**  
Age 7-10. Fun jazz style movement- Great exercise! A perfect catch up for older beginners, or a chance to try Jazz before Fall Classes start!
- \*\*\*Hip Hop for Kids: Thursdays from 6:15-6:45 p.m.** **\$20.**  
Ages 8-12. Learn fun choreography! Age appropriate music and movements. A great workout!
- \*\*\*Total Body Conditioning: Thursdays from 7:15-8** **\$25.\***  
A heat to toe strengthening class designed to maximize your body's performance. All Dancers must bring a yoga ball and small hand weights.
- \*\*\*Advanced Jazz Skills: Thursdays from 8-8:45 p.m.** **\$35.\***  
High level skills required. Triple + pirouettes, 8+ fouettes, switches front and side, etc. Ask Heather if you are unsure of the level.
- \*\*\*Intermediate/Advanced Hip Hop Thursdays from 8:45-9:15** **\$20.**  
Learn fast paced choreography. A perfect way to finish the night!
- \*Advanced combo special: Sign up for Total body conditioning and Adv Jazz skills for only \$50. (save \$10.)***

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

PHONE # \_\_\_\_\_ EXPERIENCE: \_\_\_\_\_ FEE ENCLOSED: \_\_\_\_\_

**All classes will be held at En Avant.** \*Please make checks payable to **Heather Schwahn**, and mail forms to: 3330 N. Town Hall Rd. Eau Claire, WI 54703. Thanks!