



EN AVANT DANCE TEAM BOOT
CAMP

June 20-24, 2011



Interested in trying out for dance team? Or maybe getting in shape for the dance team season? Try our Dance Team Boot Camp!!!

We'll be kickboxing, strengthening, stretching, and drilling skills like toe touches, calypsos, and A-turns! Plus, learn fun dances to challenge your memory and build endurance!

***Wear comfortable clothes. Bring clean sneakers for kickboxing and jazz shoes for skills. And don't forget snacks, lunch, and a water bottle for each day!

***Any skill level is welcome! Age **middle school to high school!**

9am-3pm Monday, June 20th to Friday, June 24th

\$35/day

*****Or sign up for the whole week and pay \$150! SAVE \$25!!!!**



Name of dancer: _____

Age of dancer: _____ Dancer's Tshirt size: _____

Years of Experience: _____

Name of Parent: _____

Phone # _____

Fee Enclosed _____